



Selected topics in acute pain management for primary care

There are a multitude of causes of acute pain, however, the approach to management will often be similar; assessment guides prescribing choices, and an analgesic plan provides patients with the confidence and knowledge to appropriately manage their symptoms. This series provides an overview of the principles of acute pain management in primary care and explores more specific issues where there may be clinical uncertainty, such as paracetamol dosing in overweight children, when to consider tramadol as an analgesic, and how to provide a “safety net” when prescribing strong opioids in primary care.



The principles of managing acute pain in primary care: www.bpac.org.nz/2018/acute-pain.aspx



When to consider strong opioids for patients with acute pain: www.bpac.org.nz/2018/opioids.aspx



Prescribing tramadol appropriately: www.bpac.org.nz/2018/tramadol.aspx



Paracetamol dosing for children in primary care: www.bpac.org.nz/2018/paracetamol.aspx

Acknowledgement: Thank you to **Dr Chris Cameron**, General Physician and Clinical Pharmacologist, Chair, Medicines Committee, Capital & Coast DHB, Wellington Hospital for expert review of this article. N.B. Expert reviewers are not responsible for the final content of the article.